

PERU ELEMENTARY SCHOOL DISTRICT 124

BREAKFAST/LUNCH MENU

NOVEMBER 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| | | | | 1 Cinnamon Bagelful Juice Fruit Oven Fried Chicken Mashed Potatoes Gravy Carrots Peaches |
| 4 Cheese Omelet Juice Fruit Hot Ham and Cheese on a Bun Sweet Potato Fries Mixed Fruit | 5 Mini Pancakes Juice Fruit Chili in a Bread Bowl with Cheese Green Beans Pears | 6 Cereal Yogurt Juice Fruit Chicken Patty on a Bun Corn Applesauce | 7 Banana Bread Juice Fruit Nachos with ground beef Refried beans Tossed Romaine Salad Peaches | 8 Breakfast Pizza Juice Fruit Stuffed Crust Pizza Broccoli with Ranch Cup Mandarin Oranges |
| 11 Cereal Muffin Juice Fruit Corn Dog Baked Beans Tator Tots Pineapple | 12 Scrambled Eggs Sausage link Juice Fruit Mac N Cheese Carrot Sticks with Ranch Cup Sun Chips Tropical Fruit | 13 Strawberry Bagelfuls Juice Fruit Roast Turkey Mashed Potatoes with Gravy Green Beans Dinner Roll Cinnamon Apples | 14 Mini Loaf Juice Fruit Taco in a Bag Romaine Lettuce Salsa Peaches | 15 Breakfast Pizza Juice Fruit Cheese Pizza Mixed Vegetables Pears |
| 18 Mini Pancakes Juice Fruit Hot Dog on a Bun Baked Beans Potato Wedges Mixed Fruit | 19 Cereal Yogurt Juice Fruit Breaded Mozzarella Sticks Marinara Cup Carrot Sticks with Ranch Cup Applesauce | 20 Fruit Smoothies Juice Fruit Orange Chicken Vegetable Fried Rice Vegetable Egg Roll Pears | 21 Mini Chocolate Donuts Juice Fruit Hamburger on a Bun Sun Chips Corn Apricots | 22 Breakfast Pizza Juice Fruit Pizza Crunchers Marinara Cup Broccoli with Ranch Cup Mandarin Oranges |
| 25 Mini French Toast Juice Fruit Turkey and Cheese Sub Goldfish Crackers Carrot & Celery Sticks with Ranch Cup Mixed Fruit | 26 Mini Loaf Juice Fruit French Bread Pizza Romaine Lettuce Salad Peaches | 27 NO SCHOOL | 28 NO SCHOOL | 29 NO SCHOOL |